

Short Course name: **Psychological and Physical Effects of Trauma**

Members name: Tricia Reeves

Organisation name: NRAH

Organisation location: UK

Short description: **Following on from their successful PTSD conference last year, The National Register of Advanced Hypnotherapists and the Swindon PTSD Working Group** are pleased to be hosting another event taking place at the Swindon Marriott hotel.

The aim of the conference is to promote a wider awareness and understanding of the psychological and physical effects of trauma on those who have suffered traumatic experiences.

The conference is non profit making.

The Swindon Marriott Hotel, Towergate insurance, Anglo American Books, Hypnoke International and Sounds Commercial have helped by sponsoring the event.

The Prince's Foundation for Integrated Health, along with the GHR, HCB, APHP, NRAH, UKCHO are helping by supporting the event.

This sponsorship and support has made it possible to hold down the costs for the day. Any monies raised, after expenses, will be donated to two organisations that are helping people with Trauma/PTSD.

The two organisations are: The Forces Childrens' Trust, and The Soldiers, Sailors, Airmen and Families Assoc. (SSAFA)

Kevan Jones MP – Parliamentary Under Secretary of Defence, Minister for Veterans, will deliver the Keynote address: The government's position on helping veterans. **Anne Snelgrove**, MP for Swindon South will introduce the Minister.

Andrew Murrison Conservative front bench defence spokesman will be introduced by **Robert Buckland** - candidate for Swindon South. **Subject:** Opposition perspective to supporting survivors of trauma.

Speakers:

Group Captain Richard Castle PhD – Lead for Personnel and Resilience Policy within the Royal Air Force which incorporates his role as a Chartered Psychologist and expertise in the psychological response to trauma. **Subject:** "Stress Management and Resilience in the Royal Air Force"

John Lawrence - Chairman of UKCHO. **Subject:** Effects of trauma, understanding physical, emotional, and behavioural aspects of trauma.

Derek Blackshaw - Developer of one of the first nurse led CBT services in the country. **Subject:** Psychological - Physiological: You can't have one without the other.

Penny Prosser- CSL Management. **Subject:** The work of the SSAFA Forces Confidential Help & Support Line.

Denny Wise – Founder and Chair of the Forces Children's Trust. **Subject:** The work of the charity.



Frank Parkinson - Author of books covering Post Trauma Stress, who has worked behind the headlines of major disasters and flash-points. **Subject:** Psychological and physical effects of trauma.

Barbara Martino - Consultant Psychotherapist specialising in Trauma. **Subject:** The Neurobiologically Inferred Treatments for Trauma: EMDR and Sensorimotor therapies.

Marion Tyler - Managing Director of the training company Marion Tyler Associates. **Subject:** 'Cumulative Trauma and Stress in the Workplace'.

Dates: **Friday, 3 July 2009,**

Venue: **Swindon Marriott Hotel**

Price: **£50. Including lunch and tea/coffee.**

Contact details: **For the full program, and booking information, please visit the NRAH at: www.nrah.co.uk or e-mail: nrah@btinternet.com**